

# REAL & ROSEMARY™

## SNACKS

<b>SWEET POTATO WEDGES</b> served with lemongrass dipping sauce	4.99	<b>WHITE CHICKEN CHILI</b> cup 4.99, bowl 8.99, quart 13.99 served with tortilla chips, jalapeno, sour cream	
<b>FRIED GREEN TOMATOES</b> served with chipotle mayo	4.99	<b>HONEY THYME DIP</b> ricotta dip served with apples, toast	4.99
<b>FRIED OKRA</b> served with chipotle mayo	4.99		

## SALADS

<b>GRILLED CHICKEN</b> chickpeas, feta, pumpkin seeds, spring mix, balsamic vinaigrette ◆	9.99
<b>UPBEET</b> red and yellow beets, oranges, pears, goat cheese, pistachios, spring mix, tarragon vinaigrette ◆●	8.99
<b>SOUTHWEST</b> rubbed chicken, black beans, pepper jack, avocado, tomatoes, tortilla strips, romaine, cilantro lime vinaigrette	9.99
<b>FIG &amp; COLLARD</b> shredded collards, pickled apples, figs, walnuts, mustard vinaigrette	8.99

## SANDWICHES

 includes one garden side

<b>GRILLED CHICKEN</b> arugula, apple, goat cheese, honey mustard, multigrain	9.99
<b>BLT</b> bacon, romaine, fried green tomatoes, chipotle mayo	8.99
<b>BURGER</b> ground beef, tomato, romaine, onion, pickle, house sauce cooked to 155 degrees (no substitutions)	11.99
<b>BEET FIG GOAT</b> yellow beets, figs, goat cheese, arugula, balsamic glaze, cranberry walnut bread ●	7.99
<b>MEATBALL</b> homemade meatballs, marinara sauce, parmesan	9.99
<b>REUBEN</b> pastrami, russian dressing, sauerkraut, marbled rye	9.99
<b>FLOUNDER CAKE</b> lettuce, tomato, red onion, chipotle mayo, bun	10.99

## PLATES

### CHOOSE ONE PROTEIN + TWO GARDEN SIDES

<b>GRILLED HERB CHICKEN</b> 7 ounce boneless breast marinated in herbs with sorghum honey mustard ◆	9.99	<b>FLOUNDER CAKES</b> served with yogurt remoulade	10.99
<b>SPICE RUBBED CHICKEN</b> 7 ounce boneless breast rubbed in spices served with cilantro lime vinaigrette ◆	9.99	<b>HOUSEMADE MEATBALLS</b> served in housemade marinara sauce, parmesan	11.99

## GARDEN SIDES

### GARDEN VEGETABLE PLATE 9.99

Select four fresh garden vegetables

<b>BRUSSEL SPROUT SLAW</b> shaved brussels, butternut squash, parmesan, onion ◆●■	3.49	<b>CHARRED CARROTS</b> with thyme ◆★	
<b>SUCCOTASH</b> farro, beans, tomatoes, corn, cream, herbs	2.49	<b>GREEN PEAS</b> with mint, shallots, orange zest ◆	
<b>FRIED OKRA</b> panko breaded fried okra	2.49	<b>CORN POLENTA CAKE</b> cheddar, chives ◆	
		<b>SMASHED RED POTATOES</b> cream, chives ◆	
		<b>MACARONI AND CHEESE</b> a classic southern "veggie"	
		<b>SWEET POTATO CASSEROLE</b> sorghum pecan topping ●	

Serving dinner? Order a **FEASTING THYME MEAL!** serves 4, takeout only

## KIDS MENU

<b>KIDS SPAGHETTI AND MEATBALLS</b> 2 meatballs, angel hair pasta, marinara sauce, parmesan	5.99	<b>KIDS GRILLED CHEESE</b> served with fresh fruit or choice of side	3.99
<b>KIDS GRILLED CHICKEN DIPPERS</b> ◆ served with fresh fruit or choice of side	4.99	<b>KIDS AB&amp;J SANDWICH</b> ● served with fresh fruit or choice of side	3.99

Note that we prepare our foods following procedures to prevent allergen cross-contamination, but our kitchen uses shared cooking and preparation areas. Please alert your server if you have a food allergy when you order.

◆ Gluten free   ● Contains nuts   ★ Vegan   ■ Served cold