

REAL ROSEMARY

Good food for real life.

Snacks

- GRAZING BOARD** ^N 9.99
pistachio encrusted goat cheese with balsamic glaze, salami, baguette
- FRIED GREEN TOMATOES** 6.49
served with chipotle mayo
- FRIED OKRA** 7.49
served with chipotle mayo
- SWEET POTATO WEDGES** 6.49
served with chipotle mayo

Sandwiches

includes one garden side (see back of menu for choices)

- TURKEY SANDWICH** 12.49
mayo, dijon, jam, arugula, red onion, swiss, multigrain
- BLT** 10.49
bacon, romaine, fried green tomatoes, chipotle mayo
- GRILLED CHICKEN** 12.49
arugula, apple, goat cheese, honey mustard, multigrain
- BEET FIG GOAT** ^N 9.99
yellow beets, figs, goat cheese, arugula, balsamic, cranberry walnut bread
add grilled chicken for 3.99
- MEATBALL** 11.99
homemade meatballs, marinara sauce, parm, mozzarella
- REUBEN** 11.49
pastrami, russian dressing, sauerkraut, marbled rye
- BURGER** 13.99
ground beef, tomato, romaine, onion, pickle, house sauce, (cooked to 155 degrees, medium well only)
- IMPOSSIBLE BURGER** ^V 13.99
plant based burger, tomato, romaine, onion, pickle
- CHICKEN SALAD SANDWICH** 9.99
greek yogurt, mayo, parsley, lettuce, tomato, multigrain

Soups

- LUNCH SPECIAL (11a-3p)** 8.99-9.99
cup of soup and garden salad (no substitutions)
- VEGETABLE SOUP** 4.99
tomato, carrot, sweet potato, celery, onion, okra, corn, lima, herbs
cup 4.99
bowl 8.99
quart 16.99
- WHITE CHICKEN CHILI** ^{GF} 5.99
sour cream, jalapeño, tortilla
cup 5.99
bowl 9.99
quart 17.99

Salads

- SOUTHWEST** 13.99
spiced rubbed chicken, black beans, pepperjack, avocado, tomato, tortilla strips, cilantro lime vin
- GRILLED CHICKEN** ^{GF} ^N 12.99
chickpeas, feta, pumpkin seeds, spring mix, balsamic
- UPBEET** ^{GF} ^N 9.99
red & yellow beets, oranges, grapefruit, pears, goat cheese, pistachios, spring mix, tarragon vin
add grilled chicken 3.99, flounder cakes 7.00
- GARDEN SALAD** ^{GF} ^V 8.49
spring mix, tomatoes, cucumbers, carrots, lemon vin
add grilled chicken 3.99, flounder cakes 7.00
- DAILY GREEN SALAD** 9.99
romaine, parmesan, croutons, yogurt remoulade
add grilled chicken 3.99, flounder cakes 7.00

Plates

includes two garden sides, add \$1 for premium sides

- HOUSEMADE MEATBALLS** 12.99
homemade marinara sauce, parm
Sub both sides for angel hair pasta upon request
- SPICE RUBBED CHICKEN** ^{GF} 12.99
boneless chicken breast, spice rub (mild heat), cilantro lime vin
- GRILLED HERB CHICKEN** ^{GF} 12.99
boneless chicken breast, herb marinated, sorghum honey mustard
- FLOUNDER CAKES** 13.99
served with yogurt remoulade
- CHICKEN SALAD** ^{GF} 12.99
greek yogurt, mayo, herbs
- GARDEN PLATE** select 4 garden sides, see back of menu

We prepare our foods following procedures to prevent allergen cross-contamination, but our kitchen uses shared cooking and preparation areas. Please alert your server if you have a food allergy when you order.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Favorite Menu Items

^{GF} Gluten Free

^V Vegan

^N Contains Nuts

Garden Sides

CORN POLENTA CAKE  
cheddar, green onion

2.75

GREEN PEAS 
mint, shallots, orange zest

CHARRED CARROTS   
thyme, parsley

SUCCOTASH
farro, beans, tomatoes, corn, cream, herbs

FRESH FRUIT  
mixed cut fruit

MACARONI & CHEESE
classic southern style

SMASHED RED POTATOES 
cream, green onion

CAPRESE PASTA SALAD
tomato, basil, mozzarella, balsamic

Family Meals

Available after 3pm, take out only, ready in 20-30 minutes

FAMILY DINNER TO GO **39.99-59.99**
Select 1 protein + 2 sides (32 oz each)
Serves 4-6 people

SPAGHETTI & MEATBALLS **34.99**
with baguette serves 4



Good food for real life.

We get it. Life can be hectic. We have a variety of menu items available at a moment's notice - like chicken salad for easy sandwiches this week, caprese pasta salad for an afternoon snack, or a family meal for a friend who just had a baby. We do the grocery shopping, meal prep, and cooking every day so you don't have to. Our food is made to meet you where you are, as you are, in real life. Order online or in store today!

Premium Sides

3.49

BRUSSELS SPROUT SLAW   
shaved brussels, butternut squash,
parmesan, almonds, red onion

SWEET POTATO CASSEROLE 
sorghum pecan topping

FRIED OKRA
panko breaded, served with chipotle mayo

FRIED GREEN TOMATO
panko breaded, served with chipotle mayo

Kids Menu

Made for kids under 12. Served on kids plates.

SPAGHETTI & MEATBALLS **6.99**
2 meatballs, angel hair pasta,
marinara sauce, parmesan

GRILLED CHICKEN DIPPERS  **6.99**
served with fresh fruit

GRILLED CHEESE **5.49**
served with fresh fruit

AB&J SANDWICH  **5.49**
almond butter & jam, fresh fruit

BUTTER NOODLES **4.49**
angel hair pasta and butter

KIDS BURGER SLIDER **6.99**
served with fresh fruit

Drinks

SOFT DRINKS & TEA **2.50**

R&R SPA WATER **2.25**

ORANGE BLOSSOM LEMONADE **2.50**

KIDS MILK OR JUICE **1.50**

Beer, Wine & Cocktails available

Easter meals are now available!

Pre-order at realandrosemary.com by March 26.

Please visit our locations in Homewood, The Summit, Crestline & Caveat Coffee.
Auto gratuity of 20% for dine-in parties of 8 or more. Prices & offerings may change without notice.



Favorite Menu Items



Gluten Free



Vegan



Contains Nuts