

# **Real Food for Real Life**



# Menu

Welcome in! We're glad you're here. Please order at the counter then have a seat, and we'll bring the food to your table as it's ready.

## **SNACKS**

CHICKEN POPPERS 9.99 SWEET POTATO FRIES 6.49 HONEY RICOTTA

panko breaded chicken served hand cut sweet potato fries honey, thyme, ricotta

panko breaded chicken served hand cut sweet potato fries honey, thyme, ricotta, served with sorghum honey mustard served with chipotle mayo with apples & baguette

FRIED OKRA 7.49 FRIED GREEN TOMATOES 7.49 MEATBALLS 12.99

panko breaded whole okra five panko breaded green tomatoes served with chipotle mayo served with chipotle mayo

FLOUNDER CAKES 9.99

three panko breaded cakes served with yogurt remoulade

**SOUP & SALADS** 

SOUTHWEST SALAD 13.99 UPBEET SALAD 10.29 GRILLED CHICKEN 12.99

romaine, spice rubbed chicken, pepperjack, black beans, avocado, tomatoes, tortilla strips, cilantro lime vinaigrette spring mix, red & yellow beets, oranges, pears, grapefruit, goat cheese, pistachios, lemon vinaigrette spring mix, grilled chicken, herbed pumpkin seeds, feta, crispy chickpeas, balsamic vinaigrette

five housemade meatballs

with marinara sauce, parmesan

9.99

### WHITE CHICKEN CHILI

served with tortilla chips, sour cream and jalapeño

5.99 cup, 9.99 bowl, 17.99 quart

### **VEGETABLE SOUP**

tomato, carrots, onion, celery, corn, sweet potato, beans & herbs 4.99 cup, 8.99 bowl, 16.99 quart

# **SANDWICHES**

served with one garden side

GRILLED CHICKEN 12.49 BEET FIG GOAT 10.29 CHICKEN SALAD 9.99

arugula, sliced green apple, goat cheese, sorghum honey mustard, multigrain bread yellow beets, figs, goat cheese, balsamic glaze, arugula, cranberry walnut bread chicken salad made with greek yogurt, mayo & herbs, romaine, tomato, multigrain bread

hickory smoked bacon, romaine,

panko breaded fried green tomato,

TURKEY 12.49 CLASSIC REUBEN 11.49 FRIED GREEN TOMATO BLT 10.49

roasted turkey, Duke's mayo, jam, arugula, dijon, red onion, swiss, multigrain bread

THE BURGER

on the side

pastrami, sauerkraut, housemade sauce, toasted marbled rye

THE IMPOSSIBLE BURGER 13.99

chipotle mayo

8 oz burger, romaine, tomato, red onion, housemade sauce, brioche bun, pickle 4 oz vegan burger, romaine, tomato, red onion, ketchup, brioche bun,

13.99

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

pickle on the side

## REAL PLATES

add \$1 for brussels, fried okra, green tomato, casserole & fries

**Garden Plate** 11 select 4 garden sides

Grilled Chicken Plate 12.99

with sorghum honey mustard, two garden sides

Spice Rubbed Chicken Plate 12.99

with cilantro lime vinaigrette, two garden sides

Flounder Cake Plate 13.99 with yogurt remoulade, two garden sides

Meatball Plate 12.99

marinara sauce, parm, with two garden sides

Chicken Salad Plate 12.99

with two garden sides

Chicken Poppers 13.99

panko fried chicken bites with two garden sides

Spaghetti 12.99

with meatballs & angel hair pasta (no sides)

Lunch Special 10.99

chicken salad, fresh fruit, caprese pasta salad (served 11am-3pm, no substitutions)

# **GARDEN SIDES**

**Charred Carrots** 2.75

Citrus Green Peas 2.75

**Smashed Red Potatoes** 2.75

Macaroni and Cheese 2.75

Seasonal Succotash 2.75

Corn Polenta Cake 2.75

Fried Okra 3.75

Fried Green Tomatoes 3.75

**Sweet Potato Fries 3.50** 

**Caprese Pasta Salad** 2.75

**Brussels Sprout Slaw 3.50** 

Garden Salad 275

Fresh Fruit 2.75

**Apples & Almond Butter 2.75** 

**Sweet Potato Casserole** 3.50

# **Drinks**

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## Wine

## Cocktails

Hard Italian Soda

Tea, sweet & unsweet	2.50	Sparkling Cremant Brut	Glass	Bottle 49	Cocktails served after 4pm.	
Orange Blossom Lemonade	2.75	Rose	11	49	Rosemary Gimlet gin, rosemary, lime (mocktail 7)	10
Spa Water, seasonal flavors	2.25	Domaine de Fontsainte	10	45	<b>High Tea Old Fashioned</b> bourbon, Earl Grey tea	10
Topo Chico sparkling water	3 3	Whites Gruner Veltliner Hopler	11	49	<b>Ginger Margarita</b> tequila, ginger, lime	10
Poppi soda  Fountain Drink	2.50	Chardonnay Thevenet	12	45	_	
		Reds Pinot Noir Stoller	11	49	Beer	
		Barbera Ercole	9	41	Common Bond Orbital Cloud Hazy IPA	5
		Spanish Red La Tremend	a 10	50	<b>Anderson Valley</b> Blood Orange Gose	5
					Brayazzi Granofruit	_



# Real Kids Menu

designed by real kids, for real kids

## **Entrees**

for ages 12 & under. no substitutions, please

served on kids plates with cut grapes



### **KIDS GRILLED CHICKEN DIPPERS 6.99**

served with ketchup

### **KIDS CHICKEN POPPERS 6.99**

served with ketchup





#### **KIDS SPAGHETTI & MEATBALLS 6.99**

angel hair pasta with housemade meatballs, marinara sauce (nothing green)

### **KIDS BURGER SLIDER 6.99**

meat & bun. add cheese (+0.50) or ketchup





#### **KIDS TURKEY AND CHEESE 6.99**

turkey, cheese, bread, no crust!



cheddar cheese, no crust!





### **KIDS AB&J 5.49**

almond butter & jam sandwich, no crust!

### **KIDS BUTTER NOODLES 4.49**

angel hair pasta with parmesan & butter





### **KIDS MAC & CHEESE BOWL 5.49**

classic mac & cheese

## **Drinks**



Kids Milk 1.50



Kids Juice



Lemonade



Poppi 3

1.50

2.75