



REAL & ROSEMARY™

————— est 2016 —————

**Real Food for Real Life**



real kids menu available upon request



# Menu

Welcome in! We're glad you're here. Please order at the counter then have a seat, and we'll bring the food to your table as it's ready.

## SNACKS

<b>CHICKEN POPPERS</b> 9.99	<b>SWEET POTATO FRIES</b> 6.49	<b>HONEY RICOTTA</b> 9.99
panko breaded chicken served with sorghum honey mustard	hand cut sweet potato fries served with chipotle mayo	honey, thyme, ricotta, served with apples & baguette
<b>FRIED OKRA</b> 7.49	<b>FRIED GREEN TOMATOES</b> 7.49	<b>MEATBALLS</b> 12.99
panko breaded whole okra served with chipotle mayo	five panko breaded green tomatoes served with chipotle mayo	five housemade meatballs with marinara sauce, parmesan
	<b>FLOUNDER CAKES</b> 9.99	
	three panko breaded cakes served with yogurt remoulade	

## SOUP & SALADS

<b>SOUTHWEST SALAD</b> 13.99	<b>UPBEET SALAD</b> 10.29	<b>GRILLED CHICKEN</b> 12.99
romaine, spice rubbed chicken, pepperjack, black beans, avocado, tomatoes, tortilla strips, cilantro lime vinaigrette	spring mix, red & yellow beets, oranges, pears, grapefruit, goat cheese, pistachios, lemon vinaigrette	spring mix, grilled chicken, herbed pumpkin seeds, feta, crispy chickpeas, balsamic vinaigrette
<b>SUMMER SALAD</b> 10.99	<b>VEGETABLE SOUP</b> 4.99 cup, 8.99 bowl	
spring mix, watermelon, peaches, heirloom cherry tomatoes, mint, feta, pecans, lemon vinaigrette	tomato base, with carrots, onion, celery, sweet potato, corn, beans & herbs	

## SANDWICHES

served with one garden side

<b>GRILLED CHICKEN</b> 12.49	<b>BEET FIG GOAT</b> 10.29	<b>CHICKEN SALAD</b> 9.99
arugula, sliced green apple, goat cheese, sorghum honey mustard, multigrain bread	yellow beets, figs, goat cheese, balsamic glaze, arugula, cranberry walnut bread	chicken salad made with greek yogurt, mayo & herbs, romaine, tomato, multigrain bread
<b>TURKEY</b> 12.49	<b>CLASSIC REUBEN</b> 11.49	<b>FRIED GREEN TOMATO BLT</b> 10.49
roasted turkey, Duke's mayo, jam, arugula, dijon, red onion, swiss, multigrain bread	pastrami, sauerkraut, housemade sauce, toasted marbled rye	hickory smoked bacon, romaine, panko breaded fried green tomato, chipotle mayo
<b>THE BURGER</b> 13.99	<b>THE IMPOSSIBLE BURGER</b> 13.99	
8 oz burger, romaine, tomato, red onion, housemade sauce, brioche bun, pickle on the side	4 oz vegan burger, romaine, tomato, red onion, ketchup, brioche bun, pickle on the side	

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Prices & offerings subject to change without notice. Auto-gratuity of 20% applied to parties of 8 or more.

# REAL PLATES

add \$1 for brussels, fried okra, green tomato & fries

**Garden Plate** 11  
select 4 garden sides

**Grilled Chicken Plate** 12.99  
with sorghum honey mustard, two garden sides

**Spice Rubbed Chicken Plate** 12.99  
with cilantro lime vinaigrette, two garden sides

**Flounder Cake Plate** 13.99  
with yogurt remoulade, two garden sides

**Meatball Plate** 12.99  
marinara sauce, parm, with two garden sides

**Chicken Salad Plate** 12.99  
with two garden sides

**Chicken Poppers** 13.99  
panko fried chicken bites with two garden sides

**Spaghetti** 12.99  
with meatballs & angel hair pasta **(no sides)**

**Lunch Special** 9.99  
white chicken chili or veggie soup, garden salad  
**(served 11am-3pm, no substitutions)**

# GARDEN SIDES

**Charred Carrots** 2.75

**Citrus Green Peas** 2.75

**Smashed Red Potatoes** 2.75

**Macaroni and Cheese** 2.75

**Seasonal Succotash** 2.75

**Corn Polenta Cake** 2.75

**Fried Okra** 3.75

**Fried Green Tomatoes** 3.75

**Sweet Potato Fries** 3.50

**Caprese Pasta Salad** 2.75

**Brussels Sprout Slaw** 3.50

**Garden Salad** 2.75

**Fresh Fruit** 2.75

**Apples & Almond Butter** 2.75

# Drinks



## Drinks

**Tea, sweet & unsweet** 2.50  
**Orange Blossom Lemonade** 2.75  
**Spa Water, seasonal flavors** 2.25  
**Topo Chico sparkling water** 3  
**Poppi soda** 3  
**Fountain Drink** 2.50

## Wine

	Glass	Bottle
<b>Sparkling</b>		
<b>Cremant Brut</b>	11	49
<b>Rose</b>		
Conde Valdemar	10	45
cherry, grapefruit, raspberry		
<b>Whites</b>		
<b>Lyma Vinho Verde</b>	9	41
from Portugal, citrus, floral		
<b>Chardonnay</b> Les Jamelles	11	49
<b>Reds</b>		
<b>Pinot Noir</b> Patient Cottat	11	49
<b>Barbera</b> Ercole	9	41
<b>Spanish Red</b> La Tremenda	10	50

## Cocktails

*Cocktails served after 4pm.*

<b>Rosemary Gimlet</b>	10
gin, rosemary, lime (mocktail 7)	
<b>Roasted Pecan Old Fashioned</b>	10
bourbon, pecan	
<b>Matchmaker Margarita</b>	10
tequila, cranberry, lime	

## Beer

<b>Taco Tuesday</b>	5
Mexican Lager	
<b>Common Bond</b>	5
Paddle Session IPA	
<b>Hi-Wire Bed of Nails</b>	5
brown ale	



# Real Kids Menu

designed by real kids, for real kids

## Entrees

for ages 12 & under. no substitutions, please

served on kids plates with cut grapes



### KIDS GRILLED CHICKEN DIPPERS 6.99

served with ketchup

### KIDS CHICKEN POPPERS 6.99

served with ketchup



### KIDS SPAGHETTI & MEATBALLS 6.99

angel hair pasta with housemade meatballs,  
marinara sauce (nothing green)

### KIDS BURGER SLIDER 6.99

meat & bun. add cheese (+0.50) or ketchup



### KIDS TURKEY AND CHEESE 6.99

turkey, cheese, bread, no crust!

### KIDS GRILLED CHEESE 5.49

cheddar cheese, no crust!



### KIDS AB&J 5.49

almond butter & jam sandwich, no crust!

### KIDS BUTTER NOODLES 4.49

angel hair pasta with parmesan & butter



### KIDS MAC & CHEESE BOWL 5.49

classic mac & cheese

## Drinks



Kids Milk

1.50



Kids Juice

1.50



Lemonade

2.75



Poppi

3