


REAL ROSEMARY

Snacks

- GRAZING BOARD ^N** 9.99
pistachio encrusted goat cheese with balsamic glaze, salami, baguette
- WHITE BEAN DIP ^{GF}** 6.49
tomato, monterey jack, tortilla chips
- FRIED GREEN TOMATOES ** 6.49
served with chipotle mayo
- FRIED OKRA** 7.49
served with chipotle mayo
- SWEET POTATO WEDGES** 6.49
served with chipotle mayo
- SUGAR AND SPICE NUTS 8 oz ^N** 6.49

Sandwiches


includes one garden side (see back of menu for choices)

- TURKEY SANDWICH ** 9.99
mayo, dijon, jam, arugula, red onion, swiss, multigrain
- BLT** 10.49
bacon, romaine, fried green tomatoes, chipotle mayo
- GRILLED CHICKEN** 12.49
arugula, apple, goat cheese, honey mustard, multigrain
- BEET FIG GOAT ^N** 9.99
yellow beets, figs, goat cheese, arugula, balsamic, cranberry walnut bread
add grilled chicken for 3.99
- MEATBALL** 11.99
homemade meatballs, marinara sauce, parm, mozzarella
- REUBEN** 11.49
pastrami, russian dressing, sauerkraut, marbled rye
- BURGER** 13.99
ground beef, tomato, romaine, onion, pickle, house sauce, (cooked to 155 degrees, medium well only)
- IMPOSSIBLE BURGER ^V** 13.99
plant based burger, tomato, romaine, onion, pickle
- CHICKEN SALAD SANDWICH** 12.49
greek yogurt, mayo, parsley, lettuce, tomato, multigrain

Soups


- FALL LUNCH SPECIAL (11a-3p)** 8.99-9.99
cup of soup and garden salad (no substitutions)
- VEGETABLE SOUP** *cup 4.99*
tomato, carrot, sweet potato, celery, onion, okra, corn, lima, herbs *bowl 8.99*
quart 16.99
- WHITE CHICKEN CHILI ^{GF}** *cup 5.99*
sour cream, jalapeño, tortilla *bowl 9.99*
quart 17.99

Salads

- SOUTHWEST** 13.99
spiced rubbed chicken, black beans, pepperjack, avocado, tomato, tortilla strips, cilantro lime vin
- GRILLED CHICKEN ^N** 12.99
chickpeas, feta, pumpkin seeds, spring mix, balsamic
- UPBEET ^{GF N} ** 9.99
red & yellow beets, oranges, grapefruit, pears, goat cheese, pistachios, spring mix, tarragon vinaigrette
add grilled chicken 3.99
- GARDEN SALAD ^{GF V}** 8.49
spring mix, tomatoes, cucumbers, carrots, lemon vin
add grilled chicken 3.99
- FALL SUPERFOOD SALAD** 9.99
kale, collard, apple, fig, pecan, parm, mustard vin
add grilled chicken 3.99

Plates

includes two garden sides, add \$1 for premium sides

- HOUSEMADE MEATBALLS** 12.99
homemade marinara sauce, parm
Sub both sides for angel hair pasta upon request
- SPICE RUBBED CHICKEN ^{GF} ** 12.99
boneless chicken breast, spice rub (mild heat), cilantro lime vinaigrette
- GRILLED HERB CHICKEN ^{GF}** 12.99
boneless chicken breast, herb marinated, sorghum honey mustard
- FLOUNDER CAKES** 13.99
served with yogurt remoulade
- CHICKEN SALAD ^{GF}** 12.99
greek yogurt, mayo, herbs

GARDEN PLATE select 4 garden sides, see back of menu

We prepare our foods following procedures to prevent allergen cross-contamination, but our kitchen uses shared cooking and preparation areas. Please alert your server if you have a food allergy when you order.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Favorite Menu Items



Gluten Free



Vegan



Contains Nuts

Garden Sides

CORN POLENTA CAKE  
cheddar, chives

2.75

GREEN PEAS 
mint, shallots, orange zest

CHARRED CARROTS   
thyme, parsley

SUCCOTASH
farro, beans, tomatoes, corn, cream, herbs

FRESH FRUIT  
mixed cut fruit

MACARONI & CHEESE
classic southern style

SMASHED RED POTATOES 
cream, chives



CAPRESE PASTA SALAD
tomato, basil, mozzarella, balsamic

YELLOW PEPPER SLAW  
cabbage, bell pepper, carrots, mustard,
medium heat (no mayo)

Premium Sides

3.49

SWEET POTATO CASSEROLE 
sorghum, pecan topping

BRUSSELS SPROUTS SLAW   
shaved brussels, butternut squash,
parmesan, almonds, red onion

FRIED OKRA
panko breaded, served with chipotle mayo

FRIED GREEN TOMATO
panko breaded, served with chipotle mayo

Drinks

SOFT DRINKS & TEA 2.50

R&R SPA WATER 2.25

ORANGE BLOSSOM LEMONADE 2.50

KIDS MILK OR JUICE 1.50

Beer & Wine Available

Kids Menu

Made for kids under 12. Served on kids plates.

SPAGHETTI & MEATBALLS 6.99
2 meatballs, angel hair pasta,
marinara sauce, parmesan

GRILLED CHICKEN DIPPERS  5.99
served with fresh fruit or choice of side

GRILLED CHEESE 5.49
served with fresh fruit or choice of side

AB&J SANDWICH  5.49
almond butter & jam, fresh fruit or choice of side

BUTTER NOODLES 4.49
simply angel hair pasta and butter

Family Meals

Available after 3pm, take out only

GRILLED HERB CHICKEN 34.99
smashed red potatoes, garden salad serves 4

SPICE RUBBED CHICKEN 34.99
macaroni & cheese, garden salad serves 4

SPAGHETTI & MEATBALLS 34.99
with baguette serves 4

BUILD YOUR OWN MEAL 39.99-59.99

Serving a group? We cater 10-1000.
Email info@realandrosemary.com for details.

Need delivery? Now available on DoorDash!

Please visit our locations in Crestline, The Summit, Homewood & Caveat Coffee.

Autogratiuity of 20% for dine in parties of 8 or more.



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Vegan



Contains Nuts